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| **Mainstream Resources** | **Who administers it** | **Contact info**  | **Specific Person to Contact at this organization** |
| TANF | Temporary Assistance for Needy Families with Dept. of Human Services |  (615) 743-2000<https://www.tn.gov/humanservices/for-families/families-first-tanf.html> |  |
| SSI | Social Security Administration | [(877) 808-5461](https://www.google.com/search?safe=active&rlz=1C1GCEB_enUS878US878&sxsrf=ALeKk02ZOvXusm81zF0Et5ab0jQ5B3zL5Q%3A1597410649116&ei=WY02X_7PBtDJ5gKcrJioAw&q=ssi+nashville+office&gs_ssp=eJzj4tFP1zfMSIkvK8vKNTVgtFI1qLCwMDMxMzdINjEyNE1ONkqxMqhIBHKNUpLMEw2TjRMtjNO8RIqLMxXyEoszyjJzclIV8tPSMpNTATrSFx8&oq=ssi+nashvi&gs_lcp=CgZwc3ktYWIQAxgCMgIIADICCAAyCAguEMcBEK8BMgYIABAWEB4yBggAEBYQHjIGCAAQFhAeMgYIABAWEB4yBggAEBYQHjIGCAAQFhAeMgYIABAWEB46BAgAEEc6BwgAELEDEEM6BAgAEEM6BQgAELEDOgcIABAUEIcCOgQIABAKUJO0A1iNvgNg_NADaABwAXgAgAGAAogBugySAQMyLTeYAQCgAQGqAQdnd3Mtd2l6wAEB&sclient=psy-ab), <https://www.ssa.gov/> |  |
| SSDI | Social Security Administration | (877) 808-5461<https://www.ssa.gov/> |  |
| FOOD STAMPS/SNAPS | TN Department of Human Services  | 615-532-4000<https://www.tn.gov/humanservices> |  |
| WIC | Women, Infants, and Children (WIC) Supplemental Nutrition ProgramMetro Health Department | 615-862-6626<https://www.nashville.gov/Health-Department/Clinical-Health-Services/WIC.aspx> |  |
| JOB TRAINING/ EMPLOYMENT | Goodwill Industries  | [(615) 742-4151](https://www.google.com/search?safe=active&sxsrf=ALeKk02JwxxhC-sD6F7skLiCPcqO-DLk1g:1597411197074&ei=xI42X5bDBKyu5wKQpK7wBQ&q=goodwill%20nashville&oq=goodw&gs_lcp=CgZwc3ktYWIQARgAMgQIABBDMgQIABBDMgoILhDHARCvARBDMgQIABBDMg0ILhCxAxDHARCjAhBDMgUIABCxAzIFCAAQsQMyAggAMgUIABCxAzIICC4QxwEQrwE6BAgAEEc6BAgjECc6CgguEMcBEK8BECc6CwguEMcBEK8BEJECOgUIABCRAjoICAAQsQMQgwE6CwguELEDEMcBEKMCOgoIABCxAxCDARBDOgcIABCxAxBDOgUILhCRAjoECC4QQzoHCAAQFBCHAjoFCC4QsQNQkx9Y9CRg2jVoAHADeAGAAbQDiAHUCpIBCTAuMy4wLjEuMZgBAKABAaoBB2d3cy13aXrAAQE&sclient=psy-ab&npsic=0&rflfq=1&rlha=0&rllag=36144681,-86728391,6351&tbm=lcl&rldimm=3951138143026986681&lqi=ChJnb29kd2lsbCBuYXNodmlsbGUiA4gBAVoeCghnb29kd2lsbCISZ29vZHdpbGwgbmFzaHZpbGxl&ved=2ahUKEwjL5tG35JrrAhXKtlkKHWMGCD8QvS4wAnoECAsQJw&rldoc=1&tbs=lrf:!1m4!1u3!2m2!3m1!1e1!2m1!1e3!3sIAE,lf:1,lf_ui:4&rlst=f)<https://www.goodwill.org/> |  |
| PENSION OR RETIREMENT INCOME/ SURVIVORS BENEFITS FROM SSA | Social Security Administration  | (877) 808-5461<https://www.ssa.gov/> |  |
| UNEMPLOYMENT INSURANCE | Tennessee Department of Labor and Workforce Development | [(844) 224-5818](https://www.google.com/search?safe=active&sxsrf=ALeKk03btun0dUH0I5FQhmXdFUSWpg7CUg:1597411447504&ei=DpA2X92TLZKw5wKlgLnQBA&q=unemployment%20nashville&oq=unemploymebt+nashville&gs_lcp=CgZwc3ktYWIQAxgAMgQIABANMgQIABANMgQIABANMgoILhDHARCvARANMgQIABANMgQIABANMgQIABANMgQIABANMgYIABAWEB4yBggAEBYQHjoECAAQRzoNCC4QxwEQrwEQJxCTAjoECCMQJzoECC4QJzoFCAAQkQI6CwguEMcBEK8BEJECOgUIABCxAzoLCC4QsQMQxwEQowI6AggAOgoIABCxAxCDARBDOgcIABAUEIcCOgQIABBDOgcIABCxAxBDOgQIABAKOgoILhDHARCvARAKULyJBVixmAZgqKoGaAFwA3gAgAH5AogB3yKSAQgwLjE3LjQuMpgBAKABAaoBB2d3cy13aXrAAQE&sclient=psy-ab&npsic=0&rflfq=1&rlha=0&rllag=36194136,-86807987,986&tbm=lcl&rldimm=1284326216657036086&lqi=ChZ1bmVtcGxveW1lbnQgbmFzaHZpbGxlSLC-he7lgICACFoqCgx1bmVtcGxveW1lbnQQABgBIhZ1bmVtcGxveW1lbnQgbmFzaHZpbGxl&ved=2ahUKEwjVxI2v5ZrrAhVHw1kKHfcmA14QvS4wAHoECAsQFg&rldoc=1&tbs=lrf:!1m4!1u3!2m2!3m1!1e1!2m1!1e3!3sIAE,lf:1,lf_ui:2&rlst=f)<https://www.tn.gov/workforce> |  |
| WORKER’S COMPENSATION | Bureau of Workers' Compensation | [(615) 532-4812](https://www.google.com/search?safe=active&tbm=lcl&sxsrf=ALeKk02mtR4J9-Tk2DlKyF7jRaxLvyF16Q%3A1597411459441&ei=g5A2X9m_GuiG5wLcrqn4Bw&gs_ssp=eJzj4tZP1zcsSTHIKyouMWC0UjWosLAwMzEzNzRLMjC0SEpNTbMyqEgxTDU1MjNPtTRKskg0SzHxEi_PL8pOLSpWSM7PLUjNK04syczPUyjJAwBtNhg3&q=workers+compensation+tn&oq=Worker&gs_l=psy-ab.3.0.46i199i175i67k1j0i273k1j46i199i175i67k1j0i67k1j0i433i67k1j0i67k1l3j0l2.56634.58322.0.62633.6.6.0.0.0.0.389.839.0j1j1j1.3.0....0...1c.1.64.psy-ab..3.3.839...35i39k1j46i199i175i273k1j46i67k1j46i433i199i291k1j0i433k1j46i433k1j46i433i131k1j46i433i199i291i67k1j46i199i175k1.0.ADhxxRE4Olo)<https://www.tn.gov/workforce/injuries-at-work.html> |  |
| SECTION 8, PUBLIC HOUSING, OR OTHER ONGOING RENTAL ASSISTANCE | METROPOLITAN DEVELOPMENT AND HOUSING AGENCY | (615) 252-8400<http://www.nashville-mdha.org/> |  |
| VA SERVICE-CONNECTED DISABILITY PENSION | [Nashville Regional Office - Veterans Benefits Administration](https://www.benefits.va.gov/nashville/) | 800-827-1000<https://www.benefits.va.gov/RONASHVILLE/index.asp> |  |
| VA NON-SERVICE- CONNECTED DISABILITY PENSION | [Nashville Regional Office - Veterans Benefits Administration](https://www.benefits.va.gov/nashville/) | 800-827-1000<https://www.benefits.va.gov/RONASHVILLE/index.asp> |  |
| VETERANS’ HEALTH CARE | Tennessee Valley Healthcare System | [(615) 327-4751](https://www.google.com/search?safe=active&sxsrf=ALeKk01l4qOwiKl1KQP-MWSEWdVwkZlNsA:1597412361865&ei=UJM2X_vaCdGb5wLAjKjYBA&q=va%20medical%20center%20nashville%20tn&oq=VA+medical&gs_lcp=CgZwc3ktYWIQAxgBMgUIABCRAjIHCAAQFBCHAjIHCAAQsQMQQzIICC4QxwEQrwEyAggAMgIIADIECAAQQzICCAAyCAguEMcBEK8BMgIIADoECAAQRzoECCMQJzoLCC4QsQMQxwEQowI6CAguEMcBEKMCOggIABCxAxCDAToFCAAQsQM6BwgjEOoCECc6DQguEMcBEK8BEOoCECc6DQguEMcBEK8BECcQkwI6CwguEMcBEK8BEJECOgsILhDHARCjAhCRAjoECC4QQzoNCC4QsQMQxwEQowIQQzoICAAQsQMQkQI6CgguEMcBEK8BEEM6DQguEMcBEK8BEBQQhwI6BAgAEApQmMkIWKuZCWDZrAloBnADeACAAa8DiAGkG5IBCTAuNS41LjMuMZgBAKABAaoBB2d3cy13aXqwAQrAAQE&sclient=psy-ab&npsic=0&rflfq=1&rlha=0&rllag=36141292,-86802893,102&tbm=lcl&rldimm=6708460291641974561&lqi=Ch52YSBtZWRpY2FsIGNlbnRlciBuYXNodmlsbGUgdG4iA4gBAUiildbW8ICAgAhaKgoCdmEQABgDGAQiHnZhIG1lZGljYWwgY2VudGVyIG5hc2h2aWxsZSB0bg&ved=2ahUKEwjg143j6JrrAhUP2VkKHQIXC5gQvS4wAHoECAwQFg&rldoc=1&tbs=lrf:!1m4!1u3!2m2!3m1!1e1!1m5!1u15!2m2!15m1!1shas_1wheelchair_1accessible_1entrance!4e2!2m1!1e3!3sIAE,lf:1,lf_ui:4&rlst=f)<https://www.tennesseevalley.va.gov/> |  |
| TENNCARE/Medicaid | Medicaid Administration | [(800) 342-3145](https://www.google.com/search?safe=active&tbm=lcl&sxsrf=ALeKk01j0-tFdbjKvctydo3oysifVO54UQ%3A1597412429238&ei=TZQ2X4iQDo6K5wLT25TgAw&q=Tenncare&oq=Tenncare&gs_l=psy-ab.3..46i433i199i175i67k1j0i67k1j46i199i175i67k1j0j0i67k1l2j0l2j0i273k1j0.34731.36612.0.40648.8.8.0.0.0.0.410.1104.0j1j1j1j1.4.0....0...1c.1.64.psy-ab..4.4.1103...46i199i175i273k1j46i433i67k1j0i433i20i263k1j46i199i175i20i263k1j46i199i291i273k1j46i67k1.0.270TstJp7l0)Medicaid.gov |  |
| MEDICARE | Social Security Administration | **1-800-633-4227**<https://www.medicare.gov/> |  |
| MARKET PLACE Insurance | Federal Program | **1 800 318 2596**<https://www.healthcare.gov/> |  |
| SCHIP | Federal Program | **1-800-318-2596**<https://www.insurekidsnow.gov/coverage/tn/index.html> |  |
| HEAD START | Metro Action Commission | 615-862-8860.<https://www.nashville.gov/Metro-Action-Commission/Head-Start.aspx> |  |
| PRIMARY HEALTH CARE  | Neighborhood HealthClinics at Mercury CourtVine Hill Community Clinic | 615-227-300[www.neighborhoodhealthtn.org](http://www.neighborhoodhealthtn.org)[(615) 259-5124](https://www.google.com/search?safe=active&sxsrf=ALeKk0315kWbYWLjwSjDHvwSp4dHG5Dn7w:1597414125380&q=Clinic+At+Mercury+Courts&stick=H4sIAAAAAAAAAONgecSYzS3w8sc9YamkSWtOXmOM4eIKzsgvd80rySypFPLjYoOylLgEpHj00_UNjcwMkoqKLYo0GKT4uFBEpBSUuHgr5LpFRdPcvM9oCXFuDp59niUtpUNQ-oXXhi08iht4FrFKOOdk5mUmKziWKPimFiWXFlUqOOeXFpUUAwBbuF_giwAAAA&sa=X&ved=2ahUKEwjkgYKs75rrAhWjpFkKHfajCQUQ6RMwC3oECAsQBA&biw=1366&bih=657)615-292-9770 |  |
| MENTAL HEALTH CARE | Mental Health CooperativePark CenterCenterstone | 615-726-3340<https://www.mhc-tn.org/>615-650-2900[www.parkcenternashville.org](http://www.parkcenternashville.org)615-460-4357www.centerstone.org |  |
| SUBSTANCE ABUSE TREATEMENT | Women’s Substance Abuse programs:Mending HeartsThe Next DoorMen’s and Women’sBuffalo ValleySamaritan Recovery | 615-383-6187[www.mendingheartsinc.org](http://www.mendingheartsinc.org)615-251-8805[www.thenextdoor.org](http://www.thenextdoor.org)931-796-5427[www.bufflovalley.org](http://www.bufflovalley.org)615-244-4802www.samctr.org |  |
| LEGAL AID/ LEGAL ASSISTANCE | Disability Law & Advocacy Center of TennesseeLegal Aid Society of Middle TNTN Justice Center | 615-298-1080[www.disabililtyrightstn.org](http://www.disabililtyrightstn.org)615-244-6610[www.las.org](http://www.las.org)615-255-0331www.tnjustice.org |  |
| TRANSPORTATION ASSISTANCE | Senior Ride Nashville (60+ and housed)\*Travelers Aid (Nashville Rescue Mission)WeGo | 615-610-4040[www.seniorridenashville.gov](http://www.seniorridenashville.gov)615-780-9473[www.travelersaid.org/tai-members-nashville-rescue-mission/](http://www.travelersaid.org/tai-members-nashville-rescue-mission/)615-862-5950www.wegotransit.com |  |

Travelers aid is to help those who are stranded in Nashville trying to get back home.